

## Appendix 2

Children and Young People's Emotional Wellbeing and Mental Health Service (EMOTIONAL WELL BEING AND MENTAL HEALTH) service model are detailed below:

Feature	Previous CHILD AND ADOLESCENT MENTAL HEALTH SERVICES Tier 2 and 3	New EMOTIONAL WELL BEING AND MENTAL HEALTH model
Delivery model	<ul style="list-style-type: none"> <li>• Southend and Thurrock each commission SOUTH ESSEX PARTNERSHIP TRUST to deliver Tier 2 provision in their area</li> <li>• Clinical Commissioning Groups commission South Essex Partnership Trust to deliver tier 3 services</li> </ul>	<ul style="list-style-type: none"> <li>• Joint commissioning approach across Southend, Essex and Thurrock Local Authorities and the 7 Clinical commissioning Groups</li> <li>• One provider commissioned to deliver a comprehensive tier 2 and 3 service across the 7 Clinical Commissioning Groups population areas with a locality focus and locality integrated teams</li> </ul>
Quality	<ul style="list-style-type: none"> <li>• Services provide a restricted range of therapeutic interventions with a high proportion of psychotherapy which reflects staff experience</li> <li>• No agreed pathways common across the area</li> <li>• Services often work in isolation</li> </ul>	<ul style="list-style-type: none"> <li>• Use of a wider range of effective evidence based therapeutic interventions including psychological therapies identified by National Institute Of Clinical Excellence and inspired by the guiding principles of children's talking therapies (Increased Access To Psychological Therapies)</li> <li>• Use of a pathways approach agreed and consistent across the whole area</li> <li>• Emphasis on joint working with other services</li> </ul>
Age / Eligibility	<ul style="list-style-type: none"> <li>• 0-18</li> <li>• Services do not always work with children with Learning Difficulties, Autistic Spectrum Disorder/Attention Deficit Hyperactivity Disorder or behaviour issues</li> <li>• Services do not always work with children looked after until they are in a settled placement</li> </ul>	<ul style="list-style-type: none"> <li>• 0 – 25 with improved joint working and planning between adult and children's mental health services for young people from 14-25</li> <li>• Admission criteria will be consistent across Essex from June 2015 to meet estimated needs in each area.</li> <li>• Service to work with behaviour and emotional and mental health in a joined up way</li> <li>• Service to respond to emotional and mental health needs of children with a disability including Learning Difficulties</li> <li>• Service to work with Children Looked After through all stages of their placement journey</li> </ul>
Referral approach	<ul style="list-style-type: none"> <li>• One Child And Adolescent Mental Health Services gateway in South Essex managed by South Essex Partnership Trust</li> <li>• Little feedback to</li> </ul>	<ul style="list-style-type: none"> <li>• Referrers informed within 2 working days of referral where referral was directed</li> <li>• One 'front door' into services in Thurrock; with screening service located within the Multi Agency Safeguarding Hub</li> <li>• Referrals directed to appropriate service if not appropriate for Emotional Well Being</li> </ul>

	<p>referrers about what services will be provided for the referrals they make</p> <ul style="list-style-type: none"> <li>• Referrals directed back to referrer if not appropriate for Tier 2 or Tier 3.</li> <li>• No standard set for Average waiting times</li> </ul>	<p>And Mental Health Service</p> <ul style="list-style-type: none"> <li>• Standards for waiting times to be set – 24 hours emergency; 7 working days urgent and 28 working days for referral to assessment and assessment to treatment</li> </ul>
<p>Delivery (times and locations)</p>	<ul style="list-style-type: none"> <li>• Most delivery in service office bases and clinics</li> <li>• High rate of DNA (Does Not Attend) and many cases closed after missed appointments</li> </ul>	<ul style="list-style-type: none"> <li>• Strengthened outreach approach</li> <li>• More home based delivery</li> <li>• More delivery in local school, health and community venues</li> <li>• Service to be open beyond usual office hours</li> <li>• Strengthened focus on assertive crisis outreach</li> <li>• Discussion with family to set agreed appointment times</li> <li>• Follow up and outreach to engage those with needs who miss appointments</li> </ul>
<p>Vulnerable group and prioritisation</p>	<ul style="list-style-type: none"> <li>• No prioritisation of vulnerable groups</li> </ul>	<p>Prioritisation for</p> <ul style="list-style-type: none"> <li>• Children Looked After, Fostered/Adopted, Leaving Care and on the Edge of Care</li> <li>• Children with a severe learning disability and complex social, mental and emotional health difficulties</li> <li>• Young Offenders</li> <li>• Those misusing substances</li> </ul>